

NCS/Les Schwab Tires Tri-Valley Area - 5/14/2022

Track and Field Championships

Freedom High School

Results

**Event 1 Girls 4x100 Meter Relay Varsity**

NCS TV: 47.21 R 5/20/2017 Carondelet

M Avila, M Scott, H Coloma, A Coats

49.79 NCS At-Large

Team	Relay	Finals
<b>Finals</b>		
1 Campolindo (Nc)		48.57 NCS
1) Testa, Mari 11	2) Wilson, Kyrstin 12	
3) Kennedy, Meagan 11	4) Tabibian, Sara 12	
2 Deer Valley (Nc)		49.06 NCS
1) Bryant, Deserey 12	2) Ervin, Teloni 12	
3) Ervin, Leloni 12	4) Haulcy, Joi-Lyn 10	
3 Foothill		49.29 NCS
1) Garcia, Marina 12	2) Meyers-McNerney, Makenna 12	
3) Lim, Emma 12	4) Anderson, Torre 12	
4 California (Nc)		49.39 NCS
1) Lampsas, Mara 12	2) Zibblatt, Mia 11	
3) Lanza, Jasmine 11	4) Bivol, Patricia 12	
5 Alhambra (Nc)		49.75 NCS
1) Burke, Alana 10	2) Epps, Abigail 12	
3) Parker, Sadie 11	4) Armstrong, Desie 12	
6 Dougherty Valley (Nc)		49.87
1) Shaligram, Ananya 11	2) Harris, Shanye 10	
3) Mathews, Rachel 9	4) Dilbeck, Katelyn 12	
7 Dublin (Nc)		50.02
1) Champion, Leila 11	2) Garrison, Lanae 11	
3) Hasni, Aaliyah 9	4) Loo, Caitlyn 12	
8 Carondelet (Nc)		50.41
1) Abudayeh, Nicole 12	2) David, Paige 11	
3) Smith-Wick, Rozlyn 10	4) Castagnetto, Carli 11	
9 Clayton Valley (Nc)		50.44
1) McDonald, Kimora 10	2) Benjamin, Niya 10	
3) Ogu, Kellsey 11	4) Lahanas, Zoe 10	
10 Pittsburg (Nc)		50.80
1) Tims, Nyla 9	2) Russell, Anaya 9	
3) Harrison, Ny'Asia 10	4) Bell, Milani 10	
11 Acalanes (Nc)		50.98
1) Lyons, Natalie 10	2) Harriman, Carly 10	
3) Chelemedos, Haley 9	4) Seymour, Portia 11	
12 Heritage (Nc)		51.25
1) Herron, Guinn 12	2) Wilright, Alyssa 10	
3) Mendoza, Kamalani 11	4) Whetstone, Mariah 12	
13 Freedom (Nc)		51.84
1) Cooper, Carrington 11	2) West, Cadence 9	
3) Smith, Morgan 9	4) Martinez, Tamaria 11	
14 San Ramon Valley (Nc)		52.16
1) Bogdan, Julia 10	2) Dietzel, Lily 12	
3) Noden, Holly 9	4) Chang, Eleanor 11	
15 Liberty (Nc)		52.19
1) Butler, Alexis 11	2) Shedd, Mersayis 11	
3) Zimmerman, Sabella 11	4) Oji, Michelle 10	
16 Las Lomas (Nc)		52.87
1) Orr, Charlotte 9	2) Pelletier, Isabella 10	
3) Rosen, Bella 10	4) Onsaga, Ninna 11	

17 Concord (Nc) 53.85

1) Frias Valadez, Evelyn 11 2) Householder, Molly 12  
3) Hernandez Aldrete, Karla 11 4) Morgan, Julia 12

18 Amador Valley (Nc) 55.44

1) Vannoni, Sara 11 2) Carter, Sarah 12  
3) Santos, Helen 9 4) Katragadda, Veda 12

**Event 2 Boys 4x100 Meter Relay Varsity**

NCS TV: 41.80 R 1995 Berkeley

43.37 NCS At-Large

Team	Relay	Finals
<b>Finals</b>		
1 Pittsburg (Nc)		42.02 NCS
1) Tezeno, LaRico 10	2) Card, Zach 11	
3) Higgins, Keynan 11	4) Idahosa, Dearen 12	
2 Dublin (Nc)		42.49 NCS
1) Burns, Brandon 12	2) Guinther, Sebastian 11	
3) Kasam, Anish 12	4) Masubuchi, Takehiro 12	
3 Freedom (Nc)		42.66 NCS
1) Edmon, Taylor 10	2) Brooks, Shamond 12	
3) Reed, Tai 11	4) Kalmon, Demi 10	
4 De La Salle (Nc)		43.28 NCS
1) McKoy, Journey 11	2) Udeh, Chukwunonso 11	
3) Meyer, Christian 12	4) Funk, Lucas 10	
5 Livermore (Nc)		43.32 NCS
1) Diego, Flores 10	2) Xavier, Gutierrez 12	
3) Dominic, Johnson 11	4) Justin, York 11	
6 Campolindo (Nc)		43.50
1) Fossen, Kyle 10	2) Fara, Mason 12	
3) Lee, Joshua 11	4) Nelson, Garrett 11	
7 San Ramon Valley (Nc)		43.59
1) Johnson, Joshua 12	2) Kasthuri, Arjun 11	
3) Fernandez, Zach 12	4) Williams, Asa 9	
8 California (Nc)		44.32
1) Hart, Luke 12	2) Shavies, Joshua 12	
3) Love, Devan 10	4) Neumann, Sean 12	
9 Clayton Valley (Nc)		44.40
1) Woodland, Rahsaan 12	2) Merritt, Gabriel 12	
3) Perez, Fernando 10	4) Avery, Micah 10	
10 Northgate (Nc)		44.66
1) MacCarter, Brandon 12	2) Molinelli, Boston 10	
3) Suvarna, neil 12	4) Watts, Gage 12	
11 Amador Valley (Nc)		44.71
1) Lester, Timothy 12	2) Seo, Matthew 10	
3) Castro, Adam 9	4) Osaki, Bryce 12	
12 Foothill		44.78
1) Dinkel, Chase 12	2) Payne, Zachary 9	
3) Bongiorno, Ryan 10	4) Gavino, Isaac 11	
13 Dougherty Valley (Nc)		44.83
1) Yee, Brandon 11	2) Yang, Aaron 10	
3) Sattley, Wyatt 11	4) Srivastava, Aryan 11	
14 Heritage (Nc)		44.88
1) Rivers, Devon 11	2) Washington, Dinari 12	
3) Odhiambo, Jordan 11	4) Campbell, Teyo 11	

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Freedom High School

Results

Finals ... (Event 2 Boys 4x100 Meter Relay Varsity)

Team	Relay	Finals
15 Benicia (Nc)		45.09
1) Jordan, Stephen 10	2) Harris, Simeon 12	
3) Hubbard, Harrison 11	4) Minnieweather Jr., Truedell 10	
16 Deer Valley (Nc)		46.12
1) Oluo, Chima 10	2) Umozurike, Kel 10	
3) Morankola, Semaj 11	4) Craven, Lorenzo 9	
17 Acalanes (Nc)		52.38
1) Torres, Ethan 11	2) Kuhner, Paul 10	
3) Rogers, Trevor 10	4) Bielawski, Kyle 11	
--- Concord (Nc)		DQ
1) Harris, Willie 10	2) Harris, William 10	
3) Beam, Monte 10	4) Tranate, Mycho 10	

Event 3 Girls 1600 Meter Run Varsity

NCS TV: 4:49.70 R 1996 Kristen Gordon  
5:09.42 NCS At-Large

Name	Yr	School	Finals
<b>Finals</b>			
1 Binder, Sally	11	Monte Vista	5:07.55 NCS
2 Buckley, Ellie	11	Campolindo	5:11.54
3 Guinn, Rylee	11	Liberty	5:12.09
4 Chavez, Madison	12	California	5:12.25
5 Melcher, Elizabeth	12	Granada	5:14.34
6 McCarthy, Ella	12	Amador Valle	5:15.60
7 Edwards, Gabriella	10	Granada	5:16.01
8 Garrett, Clair	12	Las Lomas	5:17.16
9 Turns, Allie	9	Monte Vista	5:22.57
10 Tavella, Sofia	12	San Ramon Va	5:22.65
11 Alviz, Isabella	12	College Park	5:24.31
12 Gowda, Medha	11	Dublin	5:25.74
13 Pullen, Sloan	9	Campolindo	5:26.38
14 Yee, Megan	10	Acalanes (Nc)	5:26.62
15 Kopper, Ella	10	Northgate	5:27.48
16 Foxworthy, Kendall	10	Carondelet	5:28.14
17 Marquez, Maia	12	Dublin	5:30.24
18 Small, Taya	12	Amador Valle	5:30.87
19 Sauder, Kerrigan	9	Granada	5:31.37
20 Jennings, Tessa	10	Amador Valle	5:31.80
21 Wisely, Kylie	9	Heritage	5:32.39
22 Redman, Sarah	10	Liberty	5:34.39
23 Searls, Renae	10	Alhambra (Nc)	5:35.61
24 Espinoza, Valeria	11	Heritage	5:39.82

Event 4 Boys 1600 Meter Run Varsity

NCS TV: 4:07.99 R 5/24/2014 Tyler Olson  
4:23.82 NCS At-Large

Name	Yr	School	Finals
<b>Finals</b>			
1 Lamoureux, Alex	11	College Park	4:18.96 NCS
2 Miller, Ethan	11	Monte Vista	4:19.31 NCS
3 Patel, Asher	10	Miramonte	4:20.41 NCS
4 Lodewick, Alexander	11	Campolindo	4:20.61 NCS
5 DePiero, Dominic	12	Heritage	4:21.25 NCS

6 Woolery, James	12	Heritage	4:21.65 NCS
7 Gurusamy, Dheeraj	11	Granada	4:21.90 NCS
8 Singh, Eshaan	10	Granada	4:21.97 NCS
9 Wijesekara, Bryce	11	California	4:23.47 NCS
10 Foster, Carson	12	San Ramon Va	4:24.53
11 Soriano, Farin	11	Granada	4:29.44
12 Turpin, Cole	12	Dublin	4:29.91
13 Solari, Alan	11	Clayton Vall	4:31.07
14 Messer, Daniel	10	Clayton Vall	4:33.65
15 Gober, Daniel	12	Deer Valley	4:35.02
16 Walker, Alex	11	Clayton Vall	4:36.13
17 Knisley, Nicholas	10	Northgate	4:37.01
18 Salmon, Quinn	11	San Ramon Va	4:37.65
19 Martinez, Daniel	10	Clayton Vall	4:38.97
20 Allan, Tyler	11	Alhambra (Nc)	4:39.17
21 Farzan, Logan	10	Acalanes (Nc)	4:39.28
22 Erickson, Wyatt	12	Freedom	4:40.20
23 Webster, Blake	11	Campolindo	4:43.00
24 Dube, Ryan	12	California	4:43.76

Event 5 Girls 100 Meter Hurdles Varsity

NCS TV: 13.86 R 5/23/2015 Mecca Mcglaston  
16.14 NCS At-Large

Name	Yr	School	Finals
<b>Finals</b>			
1 Testa, Mari	11	Campolindo	14.85 NCS
2 Lampsas, Mara	12	California	15.26 NCS
3 Herron, Guinn	12	Heritage	15.73 NCS
4 Chen, Michelle	12	Dublin	15.76 NCS
5 Russell, Anaya	9	Pittsburg	15.77 NCS
6 Garrison, Lanae	11	Dublin	15.80 NCS
7 Mcemore, Kimora	11	Heritage	16.30 2.6
8 Lim, Emma	12	Foothill	16.50 0.8
9 Okwudiafor Johnson, Rachel	11	Dublin	17.16 0.8
10 Tims, Nyla	9	Pittsburg	17.16 0.8
11 Garcia, Ileanna	12	Clayton Vall	17.29 2.5
12 Mays, Paige	12	Miramonte	17.31 2.5
13 Chang, Eleanor	11	San Ramon Va	17.58 0.8
14 Carlson, Finn	10	Northgate	17.59 0.8
15 Hardesty, Olivia	12	Granada	17.84 0.8
16 Khoury, Alexandra	12	Granada	17.95 2.5
17 Dang, Lauren	11	Ygnacio Vall	18.06 0.8
18 DeMello, Kira	11	Granada	18.24 0.8
19 Wright, Haley	12	Granada	18.62 2.5
20 Harris, Reece	12	Miramonte	18.70 2.5
21 Hall, Keneyia	10	Deer Valley	18.98 2.5
22 Christy, Ashleigh	12	Clayton Vall	22.29 2.6
--- Hahn, Sydney	12	Granada	FS 2.5

Event 6 Boys 110 Meter Hurdles Varsity

NCS TV: 13.85 R 2006 David Klech  
15.53 NCS At-Large

Name	Yr	School	Finals
<b>Finals</b>			
1 Trucks, Anthony	12	DeLaSalle	14.37 NCS

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## Freedom High School

## Results

## Finals ... (Event 6 Boys 110 Meter Hurdles Varsity)

Name	Yr	School	Finals
2 Kasam, Anish	12	Dublin	14.38 NCS
3 Wright, Adam	12	Monte Vista	14.41 NCS
4 Tezeno, LaRico	10	Pittsburg	15.60 0.8
5 Udeh, Chukwunonso	11	DeLaSalle	16.26 0.8
6 Oledan, Jacob	12	DeLaSalle	16.26 0.8
7 Dinkel, Chase	12	Foothill	16.29 0.8
8 Malmquist, Evan	12	Acalanes (Nc)	16.49 0.8
9 Kwan, Seth	11	Dublin	17.13 -1.5
10 Lazon, Matias	12	California	17.22 -1.5
11 Dunne, Jack	11	Acalanes (Nc)	17.31 1.8
12 Peddi, Armesh	11	Dougherty Va	17.38 -1.5
13 Lucero, Evan	11	Amador Valle	17.47 -1.5
14 Brissett, Charles	10	Heritage	17.67 -1.5
15 Ahearn, Quinn	11	Campolindo	17.83 1.8
16 Fidone, Giovanni	11	Amador Valle	17.95 1.8
17 Benedetto, Guyvin	12	College Park	17.96 1.8
18 Sairy, Shriyans	12	Dougherty Va	18.07 -1.5
19 Kuhner, Michael	12	Acalanes (Nc)	18.18 1.8
20 Whipple, Sam	11	Campolindo	18.65 1.8
21 Jones, Mason	10	Alhambra (Nc)	19.29 1.8
22 Adamos, Aaron	9	Dublin	19.93 -1.5
23 Phung, Vincent	12	Deer Valley	20.54 1.8

## Event 7 Girls 400 Meter Dash Varsity

NCS TV: 54.80 R 2010 Chizoba Okodogbe  
58.88 NCS At-Large

Name	Yr	School	Finals
1 Lahanas, Zoe	10	Clayton Vall	57.86 NCS
2 Tabibian, Sara	12	Campolindo	58.19 NCS
3 Nelson, Sabrina	12	Foothill	59.51
4 Miller, Cate	9	Monte Vista	59.99
5 Zibblatt, Mia	11	California	60.17
6 Kennedy, Meagan	11	Campolindo	60.32
7 Chatter, Victoria	9	Miramonte	60.46
8 Gilbert, Madelyn	12	Monte Vista	60.56
9 Swanson, Mary	12	Northgate	60.94
10 Rogers, Sabrina	12	Heritage	61.23
11 Orr, Charlotte	9	Las Lomas	61.30
12 Galvez, Kayla	12	Foothill	61.57
13 Moriyama, Isabella	9	Monte Vista	61.58
14 Enoru, Eden	9	Heritage	62.04
15 Shaligram, Ananya	11	Dougherty Va	62.62
16 Zimmerman, Sabella	11	Liberty	62.68
17 Van Horn, Claire	11	Foothill	62.85
18 Williams, Camille	10	Heritage	63.26
19 McDonald, Kimora	10	Clayton Vall	63.58
20 Espino, Katelyn	10	Foothill	63.84

## Event 8 Boys 400 Meter Dash Varsity

NCS TV: 47.64 R 2006 David Klech  
50.15 NCS At-Large

Name	Yr	School	Finals
1 Franco, Alexander	11	Dublin	50.21
2 Fara, Mason	12	Campolindo	50.35
3 Yara, Manogya	12	Dublin	50.59
4 Hagedorn, John	12	Northgate	50.65
5 Meyer, Christian	12	DeLaSalle	50.67
6 Rajoura, Ranveer	10	Foothill	50.71
7 Maldonado, Jordan	11	Heritage	50.72
8 Ombougno, Morel	12	Heritage	50.88
9 Srivastava, Aryan	11	Dougherty Va	51.47
10 Bean, Noah	12	Antioch	51.52
11 Leslie, Aiden	12	Monte Vista	51.58
12 Hubbard, Harrison	11	Benicia	51.64
13 McPherson, Declan	11	Amador Valle	51.79
14 Christy, Ryan	10	Clayton Vall	51.87
15 Afonine, Lev	12	College Park	52.06
16 Neumann, Sean	12	California	52.23
17 Yara, Manyu	11	Dublin	52.35
18 Green, Jordan	9	Heritage	52.70
19 Rosenbaum, Kai	11	Las Lomas	52.72
20 Payne, Zachary	9	Foothill	52.76
21 Moore, Connor	11	College Park	52.76
22 Edwards, Tim	9	Pittsburg	52.98

## Event 9 Girls 100 Meter Dash Varsity

NCS TV: 11.60 R 5/11/2019 Chinyere Okoro  
12.48 NCS At-Large

Name	Yr	School	Finals
1 Harris, Shanye	10	Dougherty Va	12.20 NCS
2 Testa, Mari	11	Campolindo	12.27 NCS
3 Bryant, Deserey	12	Deer Valley	12.31 NCS
4 Champion, Leila	11	Dublin	12.39 NCS
5 Anderson, Torre	12	Foothill	12.52 -0.6
6 Armstrong, Desie	12	Alhambra (Nc)	12.59 +0.0
7 Meyers-McNerney, Makenna	12	Foothill	12.63 +0.0
8 Ervin, Leloni	12	Deer Valley	12.70 -0.6
9 Herron, Guinn	12	Heritage	12.72 -0.6
10 Ervin, Teloni	12	Deer Valley	12.73 +0.0
11 Smith, Morgan	9	Freedom	12.74 -0.6
12 Bivol, Patricia	12	California	12.93 +0.0
13 Hasni, Aaliyah	9	Dublin	12.97 2.8
14 Lum, Kiana	12	Amador Valle	12.97 2.8
15 Burke, Alana	10	Alhambra (Nc)	13.02 2.8
16 Dilbeck, Katelyn	12	Dougherty Va	13.05 2.8
17 Young Harriman, Carly	11	Acalanes (Nc)	13.07 +0.0
18 Mendoza, Meleana	11	Heritage	13.14 2.8
19 David, Paige	11	Carondelet	13.15 2.8
20 Ogu, Kellsey	11	Clayton Vall	13.16 +0.0
21 Lyons, Natalie	10	Acalanes (Nc)	13.17 2.8

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Finals ... (Event 9 Girls 100 Meter Dash Varsity)

Name	Yr	School	Finals
22 Alhaffarr, Unique	10	Antioch	13.20 +0.0
23 Onyeador, Anaya	12	Heritage	13.41 +0.0
24 Whetstone, Mariah	12	Heritage	13.57 2.8

Event 10 Boys 100 Meter Dash Varsity

NCS TV: 10.64 R 2008 Taiwan Jones  
11.08 NCS At-Large

Name	Yr	School	Finals
<b>Finals</b>			
1 Kuhner, Paul	10	Acalanes (Nc)	10.77 NCS
2 Card, Zach	11	Pittsburg	10.78 NCS
3 Burns, Brandon	12	Dublin	10.88 NCS
4 Idahosa, Dearen	12	Pittsburg	10.89 NCS
5 Masubuchi, Takehiro	12	Dublin	10.97 NCS
6 Bielawski, Kyle	11	Acalanes (Nc)	11.01 NCS
7 Higgins, Keynan	11	Pittsburg	11.03 NCS
8 Brooks, Shamond	12	Freedom	11.03 NCS
9 Udeh, Chukwunonso	11	DeLaSalle	11.03 NCS
9 Fernandez, Zach	12	San Ramon Va	11.03 NCS
11 Avery, Micah	10	Clayton Vall	11.11 -1.6
12 Nelson, Garrett	11	Campolindo	11.17 1.3
13 Torres, Ethan	11	Acalanes (Nc)	11.18 2.0
14 Carroll, Zachary	12	Heritage	11.19 -1.6
15 Lester, Timothy	12	Amador Valle	11.20 1.3
16 Minnieweather Jr., Truedell	10	Benicia	11.25 1.3
17 Watts, Gage	12	Northgate	11.33 2.0
18 Justin, York	11	Livermore	11.37 2.0
19 McKoy, Journey	11	DeLaSalle	11.40 2.0
20 Hart, Luke	12	California	11.44 1.3
21 Dominic, Johnson	11	Livermore	11.44 2.0

Event 11 Girls 800 Meter Run Varsity

NCS TV: 2:07.59 R 5/20/2017 Alyssa Brewer  
2:21.30 NCS At-Large

Name	Yr	School	Finals
<b>Finals</b>			
1 Denver, Kylee	12	Freedom	2:17.35 NCS
2 Chisar, Jessica	11	College Park	2:18.40 NCS
3 DeMartini, Mary	11	Carondelet	2:18.96 NCS
4 Yee, Lauren	12	Acalanes (Nc)	2:20.50 NCS
5 Ruckmann-Barnes, Evelyn	10	Granada	2:20.99 NCS
6 Yee, Megan	10	Acalanes (Nc)	2:21.49
7 Dolan, Peyton	10	Monte Vista	2:21.60
8 Guinn, Rylee	11	Liberty	2:21.69
9 Barron, Jana	10	Granada	2:22.93
10 Espino, Katelyn	10	Foothill	2:22.99
11 Addison, Jayla	10	Carondelet	2:23.24
12 Bennett, Skylar	10	Clayton Vall	2:23.50
13 Riley, Kate	12	Miramonte	2:24.18
14 Pettersson, Erika	10	Amador Valle	2:24.61
15 Taylor, Marlo	12	College Park	2:25.32
16 Foxworthy, Kendall	10	Carondelet	2:26.15
17 Versteeg, Dahlia	11	Amador Valle	2:27.76

18 Crabtree, Melanie	11	Deer Valley	2:27.97
19 Hatch, Emily	12	Campolindo	2:30.39
20 Powell, Cameron	9	Acalanes (Nc)	2:31.88
21 Vorhauer, Jillian	11	Monte Vista	2:32.00
22 Lnenicka, Mia	10	Granada	2:33.24
23 Costanza, Kate	11	Liberty	2:35.07

Event 12 Boys 800 Meter Run Varsity

NCS TV: 1:53.70 R 5/20/2017 Jett Charvet  
1:58.27 NCS At-Large

Name	Yr	School	Finals
<b>Finals</b>			
1 Badcock, Shane	11	Dougherty Va	1:57.40 NCS
2 Erickson, Wyatt	12	Freedom	1:58.71
3 Romant, Mason	12	Amador Valle	1:58.74
4 Solari, Alan	11	Clayton Vall	1:58.75
5 Morgon, Matthew	12	Dublin	1:58.83
6 Frederiksen, Jack	11	Monte Vista	1:59.49
7 Alm, Matthew	12	California	1:59.75
8 Williams Jones, Leslie	12	Dougherty Va	1:59.95
9 Wong, Colin	11	Foothill	2:00.31
10 Garcia, Diego	12	Dougherty Va	2:00.63
11 Kazmierowski, Roan	12	Miramonte	2:01.54
12 Afonine, Lev	12	College Park	2:01.85
13 Moore, Connor	11	College Park	2:02.16
14 Fernandes, Alexandre	12	Dougherty Va	2:02.23
15 Walker, Alex	11	Clayton Vall	2:02.36
16 Monette, Izak	12	Amador Valle	2:03.12
17 Santhakumar, Sharva	12	Dublin	2:03.89
18 Tran, Adrian	12	Dublin	2:04.61
19 Inocencio, Benjamin	11	Monte Vista	2:04.62
20 Hunt, Tyler	11	Acalanes (Nc)	2:04.77
21 Messer, Daniel	10	Clayton Vall	2:06.60
22 Perez, Braulio	11	Antioch	2:08.13
23 Bean, Noah	12	Antioch	2:08.22

Event 13 Girls 300 Meter Hurdles Varsity

NCS TV: 43.96 R 5/11/2019 Taylor Weidinger  
47.16 NCS At-Large

Name	Yr	School	Finals
<b>Finals</b>			
1 Tabibian, Sara	12	Campolindo	45.12 NCS
2 Russell, Anaya	9	Pittsburg	46.51 NCS
3 Lim, Emma	12	Foothill	46.63 NCS
4 Testa, Mari	11	Campolindo	47.11 NCS
5 Lampsas, Mara	12	California	47.52
6 DeMello, Kira	11	Granada	47.55
7 McDonald, Kimora	10	Clayton Vall	47.85
8 Christy, Ashleigh	12	Clayton Vall	47.90
9 Chang, Eleanor	11	San Ramon Va	48.98
10 Mays, Paige	12	Miramonte	49.63
11 Garrison, Lanae	11	Dublin	49.64
12 Villanueva, Jasper	11	Heritage	49.74
13 Mendoza, Meleana	11	Heritage	49.80
14 Casey, Morgan	10	Las Lomas	49.82

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Freedom High School

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Finals ... (Event 13 Girls 300 Meter Hurdles Varsity)

Name	Yr	School	Finals
15 Leak, Jordyn	12	Granada	49.83
16 Liu, Gisela	12	Dougherty Va	50.15
17 Castagnetto, Carli	11	Carondelet	50.44
18 Dote, Kiara	12	Amador Valle	50.48
19 Arnswald, Charlotte	11	Campolindo	50.57
20 Kamble, Aditi	11	Foothill	50.70
21 Hall, Keneyia	10	Deer Valley	50.70
22 Chen, Michelle	12	Dublin	51.45
23 Dang, Lauren	11	Ygnacio Vall	52.97
24 Wright, Haley	12	Granada	53.33

Event 14 Boys 300 Meter Hurdles Varsity

NCS TV: 36.18 R 2005 David Klech  
40.82 NCS At-Large

Name	Yr	School	Finals
1 Kasam, Anish	12	Dublin	40.07 NCS
2 Trucks, Anthony	12	DeLaSalle	40.88
3 Tezeno, LaRico	10	Pittsburg	41.31
4 Jordan, Elijah	12	Freedom	41.43
5 Maldonado, Jordan	11	Heritage	41.76
6 Kwan, Seth	11	Dublin	42.91
7 Lucero, Evan	11	Amador Valle	43.40
8 Dinkel, Chase	12	Foothill	43.46
9 Oledan, Jacob	12	DeLaSalle	43.51
10 Gohres, Joshua	12	Acalanes (Nc)	43.64
11 Ahearn, Quinn	11	Campolindo	43.92
12 Lazon, Matias	12	California	44.47
13 Brissett, Charles	10	Heritage	44.90
14 Fan, Jason	10	Concord	44.97
15 Kuhner, Michael	12	Acalanes (Nc)	45.18
16 Arnett, Nicholas	11	California	45.28
17 Go, Isaac	11	Foothill	45.37
18 Fidone, Giovanni	11	Amador Valle	45.60
19 Green, Jordan	9	Heritage	46.24
20 Wang, Justin	12	Campolindo	46.63
21 Jack, Martin	12	Livermore	46.87
22 Whipple, Sam	11	Campolindo	48.66

Event 15 Girls 200 Meter Dash Varsity

NCS TV: 24.07 R 5/20/2017 Mikayla Scott  
25.69 NCS At-Large

Name	Yr	School	Finals
1 Bryant, Deserey	12	Deer Valley	24.65 NCS
2 Champion, Leila	11	Dublin	24.74 NCS
3 Chatter, Victoria	9	Miramonte	25.15 NCS
4 Anderson, Torre	12	Foothill	25.28 NCS
5 Wilson, Kyrstin	12	Campolindo	25.33 NCS
6 Harris, Shanye	10	Dougherty Va	25.54 NCS
7 Armstrong, Desie	12	Alhambra (Nc)	25.71 3.8
8 Ervin, Teloni	12	Deer Valley	25.84 2.2
9 Ervin, Leloni	12	Deer Valley	25.88 3.8

10 Bivol, Patricia	12	California	26.39 2.2
11 David, Paige	11	Carondelet	26.55 2.2
12 Burke, Alana	10	Alhambra (Nc)	26.56 2.2
13 Wadleigh, Allison	11	Heritage	26.63 1.5
14 Gilbert, Madelyn	12	Monte Vista	26.68 2.2
15 Hasni, Aaliyah	9	Dublin	26.79 2.2
16 Enoru, Eden	9	Heritage	26.97 1.5
17 Wilright, Alyssa	10	Heritage	27.15 1.5
18 Lahanas, Zoe	10	Clayton Vall	27.22 2.2
19 Swanson, Mary	12	Northgate	27.48 1.5
20 Nelson, Sabrina	12	Foothill	27.50 1.5
21 Benjamin, Niya	10	Clayton Vall	27.68 1.5
22 Branscomb, Amerrah	10	Freedom	27.86 1.5
23 Onyeador, Anaya	12	Heritage	27.98 1.5

Event 16 Boys 200 Meter Dash Varsity

NCS TV: 21.58 R 2001 Chris Costa  
22.54 NCS At-Large

Name	Yr	School	Finals
1 Card, Zach	11	Pittsburg	21.68 NCS
2 Burns, Brandon	12	Dublin	21.77 NCS
3 Idahosa, Dearen	12	Pittsburg	21.86 NCS
4 Fara, Mason	12	Campolindo	21.93 NCS
5 Higgins, Keynan	11	Pittsburg	21.95 NCS
6 Carroll, Zachary	12	Heritage	22.03 NCS
7 Minnieweather Jr., Truedell	10	Benicia	22.11 NCS
8 Rosenbaum, Kai	11	Las Lomas	22.34 NCS
9 Guinther, Sebastian	11	Dublin	22.34 NCS
10 Meyer, Christian	12	DeLaSalle	22.40 NCS
11 Nelson, Garrett	11	Campolindo	22.52 NCS
12 Benaouda, Mohammed	11	Las Lomas	22.58 2.2
13 Reed, Tai	11	Freedom	22.59 2.2
14 Masubuchi, Takehiro	12	Dublin	22.76 -1.2
15 Honda, Caden	11	Monte Vista	23.00 -1.2
16 Hubbard, Harrison	11	Benicia	23.02 2.2
17 Avery, Micah	10	Clayton Vall	23.05 2.2
18 Justin, York	11	Livermore	23.07 -1.2
19 Watts, Gage	12	Northgate	23.21 2.2
20 Bosica, Cole	12	Monte Vista	23.36 -1.2
21 Odhiambo, Jordan	11	Heritage	23.43 -1.2
22 King, Mykel	11	Pittsburg	23.45 -1.2
23 Molinelli, Boston	10	Northgate	24.02 -1.2
24 Fontenot, Richard	11	Freedom	24.17 -1.2

Event 17 Girls 3200 Meter Run Varsity

NCS TV: 10:29.43 R 1996 Kristen Gordon  
11:06.33 NCS At-Large

Name	Yr	School	Finals
1 Buckley, Ellie	11	Campolindo	11:15.94
2 Volkmer, Shea	10	Campolindo	11:22.97
3 Pogue, Kinsey	12	Monte Vista	11:24.13
4 Chavez, Madison	12	California	11:30.08
5 Binder, Sally	11	Monte Vista	11:34.64

## NCS/Les Schwab Tires Tri-Valley Area - 5/14/2022

## Track and Field Championships

## Freedom High School

## Results

## Finals ... (Event 17 Girls 3200 Meter Run Varsity)

Name	Yr	School	Finals
6 Reed, Lindsey	12	College Park	11:35.67
7 Lieben, Angeni	12	Campolindo	11:45.44
8 Sauder, Kerrigan	9	Granada	11:56.62
9 Turns, Allie	9	Monte Vista	11:57.02
10 Gowda, Medha	11	Dublin	12:07.90
11 Alviz, Isabella	12	College Park	12:10.08
12 Miyazawa, Ameri	12	Dublin	12:11.28
13 Small, Taya	12	Amador Valle	12:14.87
14 Wisely, Kylie	9	Heritage	12:19.74
15 Marquez, Maia	12	Dublin	12:24.17
16 Miller, Emily	12	San Ramon Va	12:24.38
17 Taylor, Marlo	12	College Park	12:26.50
18 Melcher, Elizabeth	12	Granada	12:35.34
19 Hernandez, Gabriella	11	Pittsburg	12:40.07
20 Espinoza, Valeria	11	Heritage	12:47.39
21 Redman, Sarah	10	Liberty	13:01.05
--- McCool, Caroline	11	Campolindo	DNF

## Event 18 Boys 3200 Meter Run Varsity

NCS TV: 9:13.71 R 5/24/2014 Blair Hurlock

9:26.05 NCS At-Large

Name	Yr	School	Finals
1 Richards, Andrew	11	Dougherty Va	9:25.03 NCS
2 Trampe, Daniel	12	Dublin	9:26.54
3 Gomez, Oscar	12	DeLaSalle	9:28.05
4 Loughery, John	12	Monte Vista	9:28.16
5 Patel, Asher	10	Miramonte	9:35.31
6 Lodewick, Alexander	11	Campolindo	9:37.65
7 Manjrekar, Sharvin	12	Dublin	9:41.34
8 Manley, Liam	11	Granada	9:42.53
9 Gurusamy, Dheeraj	11	Granada	9:47.63
10 Manesh, Nathan	11	Dublin	9:54.10
11 Turpin, Cole	12	Dublin	9:56.10
12 Lamoureux, Alex	11	College Park	10:00.88
13 Bromley, Erik	10	Granada	10:05.62
14 Pullen, Rhys	12	Campolindo	10:08.15
15 Singh, Eshaan	10	Granada	10:09.02
16 Turpin, Joshua	12	Dublin	10:10.51
17 Woolery, James	12	Heritage	10:12.04
18 McGhee, Connor	11	Campolindo	10:12.09
19 Morgon, Matthew	12	Dublin	10:12.24
20 Webster, Blake	11	Campolindo	10:12.56
21 Baptista, Dylan	11	Liberty	10:17.22
22 Gober, Daniel	12	Deer Valley	10:18.83
23 DePiero, Dominic	12	Heritage	10:35.98
24 Carpenter, Kenny	11	San Ramon Va	10:50.98

## Event 19 Girls 4x400 Meter Relay Varsity

NCS TV: 3:50.91 R 5/23/2015 Carondelet

M Scott, J Ruotolo, M Avila, A Avina

4:04.58 NCS At-Large

Team	Relay	Finals
<b>Finals</b>		
1 Foothill		4:03.00 NCS
1) Galvez, Kayla 12	2) Van Horn, Claire 11	
3) Nelson, Sabrina 12	4) Lim, Samantha 12	
2 Heritage (Nc)		4:03.34 NCS
1) Marino, Kayla 10	2) Williams, Camille 10	
3) Enoru, Eden 9	4) Rogers, Sabrina 12	
3 Monte Vista (Nc)		4:04.88
1) Miller, Cate 9	2) Moriyama, Isabella 9	
3) McGowan, Natalia 10	4) Gilbert, Madelyn 12	
4 Deer Valley (Nc)		4:06.29
1) Bryant, Deserey 12	2) Ervin, Teloni 12	
3) Crabtree, Melanie 11	4) Hall, Keneyia 10	
5 Campolindo (Nc)		4:07.83
1) Kennedy, Meagan 11	2) Wilson, Kyrstin 12	
3) Birdsong, Hanna 10	4) Tabibian, Sara 12	
6 Clayton Valley (Nc)		4:09.10
1) Christy, Ashleigh 12	2) Bennett, Skylar 10	
3) McDonald, Kimora 10	4) Lahanas, Zoe 10	
7 California (Nc)		4:09.75
1) Olguin, Ava 11	2) Ziblat, Mia 11	
3) Rajsekar, Sharanika 11	4) Lanza, Jasmine 11	
8 Carondelet (Nc)		4:14.53
1) DeMartini, Mary 11	2) David, Paige 11	
3) Castagnetto, Carli 11	4) Foxworthy, Kendall 10	
9 Liberty (Nc)		4:14.60
1) Shedd, Mersayis 11	2) Guinn, Rylee 11	
3) Costanza, Kate 11	4) Cochenour, Kayla 10	
10 Las Lomas (Nc)		4:14.87
1) Orr, Charlotte 9	2) Wendt, Jenna 11	
3) Shreve, Nina 10	4) Pelletier, Isabella 10	
11 Amador Valley (Nc)		4:15.06
1) McCarthy, Ella 12	2) Pettersson, Erika 10	
3) Versteeg, Dahlia 11	4) Dote, Kiara 12	
12 Acalanes (Nc)		4:15.50
1) Seymour, Portia 11	2) Yee, Megan 10	
3) Powell, Cameron 9	4) Yee, Lauren 12	
13 Northgate (Nc)		4:15.50
1) Davis, Kiron 12	2) Kopper, Ella 10	
3) Saunders, Kristin 12	4) Swanson, Mary 12	
14 Miramonte (Nc)		4:20.05
1) Chatter, Victoria 9	2) Riley, Kate 12	
3) Mays, Paige 12	4) Murray, Amanda 11	
15 Dougherty Valley (Nc)		4:22.72
1) McCormick, Annia 10	2) Harris, Shanye 10	
3) Peng, Fiona 11	4) Shaligram, Ananya 11	
16 Dublin (Nc)		4:25.11
1) Ghosh, Anwesha 10	2) Hasni, Aaliyah 9	
3) Hong, Michelle 11	4) Loo, Caitlyn 12	

NCS/Les Schwab Tires Tri-Valley Area - 5/14/2022

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Freedom High School

Results

**Event 20 Boys 4x400 Meter Relay Varsity**

NCS TV: 3:17.44 R 2014 Amador Valley

J Chen, J Slaton, D Roberson, N Bayley

3:27.06 NCS At-Large

Team	Relay	Finals
<b>Finals</b>		
1 Dublin (Nc)		3:26.11 NCS
1) Burns, Brandon 12	2) Franco, Alexander 11	
3) Kasam, Anish 12	4) Yara, Manogya 12	
2 Amador Valley (Nc)		3:27.55
1) McPherson, Declan 11	2) Seo, Matthew 10	
3) Romant, Mason 12	4) Lester, Timothy 12	
3 Monte Vista (Nc)		3:28.96
1) Leslie, Aiden 12	2) Honda, Caden 11	
3) Frederiksen, Jack 11	4) Bosica, Cole 12	
4 Heritage (Nc)		3:30.33
1) Carroll, Zachary 12	2) Van Den Oudenaller, Hayden 11	
3) Green, Jordan 9	4) Maldonado, Jordan 11	
5 Dougherty Valley (Nc)		3:30.35
1) Yee, Brandon 11	2) Srivastava, Aryan 11	
3) Sattley, Wyatt 11	4) Williams Jones, Leslie 12	
6 Acalanes (Nc)		3:32.61
1) Kuhner, Michael 12	2) Farzan, Logan 10	
3) Hunt, Tyler 11	4) Kuhner, Paul 10	
7 California (Nc)		3:33.28
1) Love, Devan 10	2) Neumann, Sean 12	
3) Gandhi, Saahil 12	4) Arnett, Nicholas 11	
8 Northgate (Nc)		3:36.01
1) Watts, Gage 12	2) Haraguchi, Bradley 10	
3) Sunbury, Aidan 12	4) Faustini, Justin 10	
9 Antioch (Nc)		3:36.02
1) Bean, Noah 12	2) Hernandez, Jorge 12	
3) Perez, Braulio 11	4) Medearis, Edgar 11	
10 Pittsburg (Nc)		3:36.43
1) Higgins, Keynan 11	2) Edwards, Tim 9	
3) King, Mykel 11	4) Telfor, Dominic 10	
11 Campolindo (Nc)		3:36.47
1) Bergren, Tyler 10	2) Nelson, Garrett 11	
3) Fara, Mason 12	4) Fossen, Kyle 10	
12 Clayton Valley (Nc)		3:38.13
1) Solari, Alan 11	2) Perez, Fernando 10	
3) Kelly, Ian 12	4) Christy, Ryan 10	
13 Liberty (Nc)		3:41.04
1) Samuels, Jahmal 12	2) Sydnor, Davian 11	
3) Pratcher, Larry 10	4) Isenburg, Carson 11	
14 Benicia (Nc)		3:42.13
1) Cox, Kasai 11	2) Espejo, Logan 9	
3) Lee, Donovan 11	4) Hubbard, Harrison 11	
15 San Ramon Valley (Nc)		3:42.55
1) Williams, Asa 9	2) Salmon, Quinn 11	
3) Dempster, JP 10	4) Houston, Noah 9	
16 Concord (Nc)		3:50.26
1) Harris, Willie 10	2) Harris, William 10	
3) Ojer, David 12	4) Cortez-Bridges, Salvador 10	

**Event 21 Girls High Jump Varsity**

NCS TV: 5-08 R 2008 Adrienne Johnson

NCS TV: 5-08 R 5/24/2014 Kirsten Mork

5-00.00 NCS At-Large

Name	Yr	School	Finals
<b>Finals</b>			
1 Lampsas, Mara	12	California	5-04.00 NCS
2 Young Harriman, Carly	11	Acalanes (Nc)	5-00.00 NCS
2 Vail, Dulcinea	9	Acalanes (Nc)	5-00.00 NCS
4 Chelemedos, Haley	9	Acalanes (Nc)	J5-00.00 NCS
5 Seymour, Portia	11	Acalanes (Nc)	J5-00.00 NCS
6 Josephine, Miller	12	Livermore	4-10.00
7 Townsend, Lesley	11	Foothill	J4-10.00
8 Villanueva, Jasper	11	Heritage	J4-10.00
8 Tamboli, Saachi	11	Dougherty Va	J4-10.00
10 Lind, Paige	12	Liberty	4-08.00
10 Jenkins, Amirah	10	Antioch	4-08.00
12 Kasalanati, Namratha	12	Campolindo	4-06.00
12 Mathers, Isabella	11	Monte Vista	4-06.00
12 Hirahara, Kimiko	9	Las Lomas	4-06.00
12 Mendoza, Kamalani	11	Heritage	4-06.00
16 Arnswald, Charlotte	11	Campolindo	J4-06.00
17 Mahay, Brooke	12	College Park	4-04.00
17 Dioum, Jara	12	Clayton Vall	4-04.00
19 Huang, Jennifer	11	Northgate	J4-04.00
20 McAllister, Diyanna	9	Deer Valley	J4-04.00
21 Feng, Kiki	11	Dublin	J4-04.00
22 Cairns, Emma	11	Northgate	4-02.00
23 Bowens, Tylonnica	10	Antioch	J4-02.00

**Event 22 Girls Pole Vault Varsity**

NCS TV: 12-08 R 5/20/2017 Julia Wang

10-06.00 NCS At-Large

Name	Yr	School	Finals
<b>Finals</b>			
1 Muhammad, Jathiyah	10	Dublin	13-00.00R NCS
2 Doyle, Elise	10	San Ramon Va	11-06.00 NCS
3 Bradley, Victoria	11	Dublin	11-00.00 NCS
4 Bertch, Rachael	12	Foothill	10-06.00 NCS
5 Bashant-coon, Lauren	12	Carondelet	10-00.00
6 Youn, Jessica	10	Miramonte	9-00.00
7 Lavoie, Jeanette	12	Campolindo	8-06.00
8 Lawler, Aiyana	12	College Park	8-00.00
8 Villafan-Perez, Gema	11	Acalanes (Nc)	8-00.00
10 Villanueva, Jasper	11	Heritage	J8-00.00
11 Rodriguez, Elle	10	Miramonte	J8-00.00
12 Hollerbach, Jane	10	Miramonte	J8-00.00
13 Muegge, Juliana	12	San Ramon Va	7-06.00
14 O'Melia, Caitlin	11	Monte Vista	J7-06.00
14 Sha, Mia	12	Dublin	J7-06.00
16 Minamide, Megan	12	Monte Vista	J7-06.00
16 Jones, Corina	10	Alhambra (Nc)	J7-06.00
18 Penn, Julia	11	San Ramon Va	J7-06.00
19 Deng, Osanna	11	Acalanes (Nc)	J7-06.00

NCS/Les Schwab Tires Tri-Valley Area - 5/14/2022

Track and Field Championships

Freedom High School

Results

Finals ... (Event 22 Girls Pole Vault Varsity)

Name	Yr	School	Finals
20 Nassiri, Ariana	11	San Ramon Va	7-00.00
20 Brown, Sydney	9	Dublin	7-00.00
22 Cairns, Emma	11	Northgate	J7-00.00
--- Maldonado, Vanessa	9	Freedom	NH
--- Thelander, Cheyenne	12	Heritage	NH

Event 23 Girls Long Jump Varsity

NCS TV: 19-03 R 1996 Pia McAllister  
16-07.75 NCS At-Large

Name	Yr	School	Finals
<b>Finals</b>			
1 Armstrong, Desie	12	Alhambra (Nc)	18-01.00 NCS
2 Anderson, Torre	12	Foothill	17-06.00 NCS
3 Herron, Guinn	12	Heritage	17-00.50 NCS
4 Ogu, Kellsey	11	Clayton Vall	16-08.50 NCS
5 Lum, Kiana	12	Amador Valle	16-06.00 NWI
6 Lyons, Natalie	10	Acalanes (Nc)	J16-06.00 NWI
7 Myer, Gianna	12	College Park	16-04.25 NWI
8 Chen, Michelle	12	Dublin	16-03.00 NWI
9 Dhar, Ojal	12	Dougherty Va	15-05.25 NWI
10 McCormick, Annia	10	Dougherty Va	15-00.75 NWI
11 Tamboli, Saachi	11	Dougherty Va	15-00.50 NWI
12 Williams, Nyla	10	Dublin	14-09.00 NWI
13 Vail, Dulcinea	9	Acalanes (Nc)	14-08.50 NWI
14 Curameng, Tia	12	Liberty	14-08.25 NWI
15 Kasalanati, Namratha	12	Campolindo	14-07.00 NWI
16 Feng, Kiki	11	Dublin	14-06.50 NWI
17 Hernandez Leypon, Xiomara	12	Liberty	14-05.75 NWI
18 Mathews, Rachel	9	Dougherty Va	14-04.25 NWI
19 Mendoza, Meleana	11	Heritage	14-01.75 NWI
20 Tymo, Grace	10	College Park	14-01.00 NWI
21 Alhaffarr, Unique	10	Antioch	13-10.25 NWI
22 Courchesne, Camille	10	Heritage	13-07.50 NWI
23 Meredith, Brianna	11	Carondelet	12-02.75 NWI
--- Townsend, Lesley	11	Foothill	FOUL

Event 24 Girls Triple Jump Varsity

NCS TV: 39-11.25 R 5/23/2015 Christina Chenault  
35-06.50 NCS At-Large

Name	Yr	School	Finals
<b>Finals</b>			
1 Sarwar, Aiza	12	Dublin	36-06.75 NCS
2 Wilson, Kyrstin	12	Campolindo	36-01.00 NCS
3 Kasalanati, Namratha	12	Campolindo	34-11.25 NWI
4 Chen, Michelle	12	Dublin	34-08.00 NWI
5 Lum, Kiana	12	Amador Valle	34-05.00 NWI
6 Lam, Megan	11	Foothill	33-00.00 NWI
7 Meredith, Brianna	11	Carondelet	32-11.25 NWI
8 Wadleigh, Allison	11	Heritage	J32-11.25 NWI
9 Hirahara, Kimiko	9	Las Lomas	32-03.50 NWI
10 Courchesne, Camille	10	Heritage	32-03.00 NWI
11 Dhar, Ojal	12	Dougherty Va	32-02.75 NWI
12 Adu-gyamfi, Mia	12	Dublin	32-00.00 NWI

13 Townsend, Lesley	11	Foothill	31-11.25 NWI
14 Feng, Kiki	11	Dublin	31-09.25 NWI
15 Seymour, Portia	11	Acalanes (Nc)	31-03.75 NWI
16 Vannoni, Sara	11	Amador Valle	31-02.50 NWI
17 Davis, Kiron	12	Northgate	30-11.25 NWI
18 Tran, Erika	12	Dublin	30-11.00 NWI
19 Lind, Paige	12	Liberty	30-08.50 NWI
20 Williams, Camille	10	Heritage	30-06.75 NWI
21 Mcdonagh, Kate	10	Carondelet	30-04.50 NWI
22 Epps, Abigail	12	Alhambra (Nc)	30-00.50 NWI
23 Parker, Sadie	11	Alhambra (Nc)	30-00.00 NWI
24 Ghosh, Anwasha	10	Dublin	28-11.50 NWI

Event 25 Girls Shot Put Varsity

NCS TV: 44-11.50 R 2000 Amada Garcia  
35-07.50 NCS At-Large

Name	Yr	School	Finals
<b>Finals</b>			
1 Mcemore, Kimora	11	Heritage	38-01.00 NCS
2 Hart, Daisy	12	Antioch	37-00.50 NCS
3 Schnayer, Pinkie	10	Campolindo	33-11.25
4 Brown, Erin	11	Amador Valle	33-04.00
5 Lemire, Lauren	11	Pittsburg	33-03.50
6 Molitoris, Regina	12	Granada	J33-03.50
7 Perez, Lyla	11	California	32-03.50
8 Richardson, Hannah	12	California	31-08.50
9 Moghalu, Uche	11	Freedom	31-08.00
10 Stubbington, Anna	11	Campolindo	31-03.50
11 Rosati, Ashley	11	Monte Vista	31-03.00
12 Jeffress, Thea	9	Clayton Vall	31-00.25
13 Algazzali, Jazel	12	Dublin	30-08.50
14 Hofer, Ella	12	California	30-07.75
15 Homan, Zoe	11	Dublin	30-02.50
16 Bartolotto, Cassidy	10	Granada	30-01.00
17 Kennedy, Taleia	12	Foothill	27-10.25
18 Kane, Sydney	12	San Ramon Va	26-09.50
19 Kasalanati, Namratha	12	Campolindo	25-04.00
20 Ali, Zeena	12	College Park	22-04.00

Event 26 Girls Discus Throw Varsity

NCS TV: 141-03 R 2003 Alexaraee Toeaina  
118-05 NCS At-Large

Name	Yr	School	Finals
<b>Finals</b>			
1 Lemire, Lauren	11	Pittsburg	120-05.00 NCS
2 Kane, Sydney	12	San Ramon Va	118-10.00 NCS
3 Richardson, Hannah	12	California	114-01.00
4 Stubbington, Anna	11	Campolindo	105-11.00
5 Moghalu, Uche	11	Freedom	105-10.00
6 Zimmerman, Chloe	12	Heritage	101-05.00
7 Ikenaga, Jean	11	Benicia	98-01.00
8 Hofer, Ella	12	California	97-05.00
9 Perez, Lyla	11	California	97-03.00
10 Jeffress, Thea	9	Clayton Vall	95-02.00
11 Hart, Daisy	12	Antioch	94-06.00

NCS/Les Schwab Tires Tri-Valley Area - 5/14/2022

Track and Field Championships

Freedom High School

Results

Finals ... (Event 26 Girls Discus Throw Varsity)

Name	Yr	School	Finals
12 Brown, Erin	11	Amador Valle	94-03.00
13 Rosati, Ashley	11	Monte Vista	93-04.00
14 Homan, Zoe	11	Dublin	92-06.00
15 Algazzali, Jazel	12	Dublin	90-08.00
16 Schnayer, Pinkie	10	Campolindo	85-05.00
17 Fakaosi, Latu	12	California	84-00.00
18 Kennedy, Taleia	12	Foothill	83-03.00
19 Molitoris, Regina	12	Granada	81-05.00
20 Farkas, Chloe	11	Granada	78-11.00
21 Walton, Apollonia	11	Acalanes (Nc)	74-01.00
22 Hober, Bryn	11	Campolindo	69-02.00

Event 27 Boys High Jump Varsity

NCS TV: 6-10 R 5/19/2012 Noel Frazier  
6-03.00 NCS At-Large

Name	Yr	School	Finals
1 Noel, Dwayne	10	Livermore	6-06.00 NCS
2 Udeh, Chukwunonso	11	DeLaSalle	6-02.00
3 Jordan, Featherstone	10	Livermore	5-10.00
3 Wachob, Grady	9	Benicia	5-10.00
5 Rogers, Trevor	10	Acalanes (Nc)	J5-10.00
6 Duncan, Luke	11	Miramonte	J5-10.00
7 Borromeo, Riven	10	Dougherty Va	J5-10.00
7 Whipple, Sam	11	Campolindo	J5-10.00
9 Lazon, Matias	12	California	J5-10.00
10 da Cunha, Kieran	11	Miramonte	J5-10.00
11 Sharkey, Nolan	12	Heritage	5-08.00
11 Benedetto, Guyvin	12	College Park	5-08.00
11 Quinn, Joseph	12	Pittsburg	5-08.00
14 Heinlein, Colin	12	College Park	J5-08.00
15 Hart, Luke	12	California	J5-08.00
16 Brissett, Charles	10	Heritage	5-06.00
17 Cox, Jordan	10	Pittsburg	J5-06.00
18 Hill, Liam	11	Acalanes (Nc)	J5-06.00
19 Underwood, Justin	9	Heritage	5-04.00
19 Perez, Ethan	11	Dublin	5-04.00
21 Atkinson, Luke	12	Amador Valle	J5-04.00
--- Duncan, William	11	Foothill	NH

Event 28 Boys Pole Vault Varsity

NCS TV: 17-00 R 2008 Justin Miller  
13-06.00 NCS At-Large

Name	Yr	School	Finals
1 Muhammad, Khaliq	9	Dublin	15-00.00 NCS
2 Lo, Derek	11	San Ramon Va	J15-00.00 NCS
3 Trinh, Tyler	12	Dublin	14-06.00 NCS
4 Leach, Evan	12	Northgate	13-00.00
5 Lim, Connor	12	Monte Vista	12-06.00
5 Radke, Brian	12	Alhambra (Nc)	12-06.00
7 Duncan, William	11	Foothill	J12-06.00
8 Ha, Jeremy	12	Dublin	J12-06.00

8 Sandhu, Rowan	12	Miramonte	J12-06.00
10 Maner, Griffin	11	San Ramon Va	J12-06.00
11 Hong, Matthew	12	Dublin	12-00.00
12 Bajada, Brandon	11	DeLaSalle	11-06.00
13 Afonine, Lev	12	College Park	J11-06.00
14 Elwood, Nate	12	Northgate	J11-06.00
15 Tan, Justin	12	Dublin	J11-06.00
16 Colley, Elijah	11	Dublin	J11-06.00
17 Blanch, Benjamin	12	San Ramon Va	11-00.00
18 Bayless, Jack	11	Acalanes (Nc)	J11-00.00
19 Linari, Adam	12	California	10-06.00
20 Truhe, Adam	12	Liberty	10-00.00
20 Hernandez, Antonio	12	Liberty	10-00.00
22 Chen, Michael	12	Dublin	9-06.00
--- Washington, Dinari	12	Heritage	NH
--- Freitas-Martinek, Isaiah	11	Liberty	NH
--- West, Alexander	11	San Ramon Va	NH

Event 29 Boys Long Jump Varsity

NCS TV: 23-05.25 R 5/19/2012 Damariay Drew  
21-03.50 NCS At-Large

Name	Yr	School	Finals
1 Brooks, Shamond	12	Freedom	22-01.25 NCS
2 Rogers, Trevor	10	Acalanes (Nc)	21-05.50 NCS
3 Idahosa, Dearen	12	Pittsburg	21-03.00 NWI
4 Kasthuri, Arjun	11	San Ramon Va	20-10.00 NWI
5 Hernandez, Jorge	12	Antioch	J20-10.00 NWI
6 Malmquist, Evan	12	Acalanes (Nc)	20-09.50 NWI
7 Polk, Israel	11	Pittsburg	20-07.00 NWI
8 McKoy, Journey	11	DeLaSalle	20-05.50 NWI
9 Lee, Patrick	11	California	20-02.00 NWI
10 Ruffin, Jeremiah	11	Heritage	20-01.50 NWI
11 Atkinson, Luke	12	Amador Valle	20-00.50 NWI
12 Sheppard, Dylan	12	Dublin	19-11.00 NWI
13 Hagedorn, John	12	Northgate	19-08.50 NWI
14 Kelleher, Ayden	12	Livermore	19-07.00 NWI
15 Rosenbaum, Kai	11	Las Lomas	19-06.00 NWI
16 Torres, Ethan	11	Acalanes (Nc)	19-01.00 NWI
17 Nardi, Zadarion	12	San Ramon Va	19-00.50 NWI
18 Meonske, Landen	11	Foothill	18-09.25 NWI
19 Haraguchi, Bradley	10	Northgate	18-03.00 NWI
20 Smith, Niko	11	Alhambra (Nc)	17-09.00 NWI
21 Dumas, Colby	12	Liberty	17-08.50 NWI
22 Mauro, Jeffrey	12	Foothill	17-07.00 NWI

Event 30 Boys Triple Jump Varsity

NCS TV: 49-00 R 2009 Hammed Suleman  
43-03.75 NCS At-Large

Name	Yr	School	Finals
1 Hernandez, Jorge	12	Antioch	44-11.50 NCS
2 Jordan, Elijah	12	Freedom	44-10.00 NCS
3 Ruffin, Jeremiah	11	Heritage	41-09.50 NWI
4 Kelleher, Ayden	12	Livermore	41-08.25 NWI

## NCS/Les Schwab Tires Tri-Valley Area - 5/14/2022

## Track and Field Championships

## Freedom High School

## Results

## Finals ... (Event 30 Boys Triple Jump Varsity)

Name	Yr	School	Finals
5 Dinkel, Chase	12	Foothill	41-04.25 NWI
6 Kasthuri, Arjun	11	San Ramon Va	40-11.00 NWI
7 Atkinson, Luke	12	Amador Valle	40-09.25 NWI
8 Sheppard, Dylan	12	Dublin	40-08.50 NWI
9 Jay, Leighton	11	Campolindo	40-04.50 NWI
10 Sharkey, Nolan	12	Heritage	39-02.25 NWI
11 Meonske, Landen	11	Foothill	39-01.00 NWI
12 Stuart, May	11	Livermore	38-05.50 NWI
13 Lee, Patrick	11	California	38-02.75 NWI
14 Iordanov, Christopher	12	California	38-01.50 NWI
15 Thomas, Benjamin	11	Dublin	37-09.50 NWI
16 Gray, Xavier	12	Dublin	37-08.00 NWI
17 Ahearn, Jacob	11	Campolindo	37-06.25 NWI
18 Betker, Landon	11	Amador Valle	37-04.50 NWI
19 Kelly, Ian	12	Clayton Vall	36-09.00 NWI
20 Zarate, Devin	11	Foothill	36-02.00 NWI
21 Chiu, Preston	10	Dublin	35-06.00 NWI
22 Whipple, Sam	11	Campolindo	34-11.25 NWI

## Event 31 Boys Shot Put Varsity

NCS TV: 69-02 R 5/21/2016 Nathan Esparza

47-08.25 NCS At-Large

Name	Yr	School	Finals
1 Mitchell, Matteo	12	Clayton Vall	50-03.50 NCS
2 Martinez, Aaron	12	Freedom	50-00.50 NCS
3 Matteucci, Stefano	11	Granada	47-03.00
4 Bosica, Cole	12	Monte Vista	46-04.00
5 Magann, Will	12	Granada	45-03.00
6 Merryman, Christian	12	Freedom	44-10.00
7 Rogers, Ryan	12	California	44-02.00
8 Morrow, Charlie	12	Foothill	44-01.00
9 Medina, Anthony	12	College Park	42-09.50
10 Nunez, Diego	11	California	42-06.00
11 Bow, Elijah	9	Pittsburg	42-02.00
12 Linari, Adam	12	California	41-08.50
13 Novello, Caden	11	Liberty	41-03.00
14 Pond, Ibis	12	Acalanes (Nc)	40-06.00
15 Sanchez, Dante	12	Freedom	40-01.50
16 Kopfelt-Watson, Cody	12	Clayton Vall	40-01.00
17 Xavier, Thorpe	10	Livermore	39-07.00
18 Julian, Marcus	11	Acalanes (Nc)	38-09.00
19 Courchesne, Issac	11	Concord	38-07.00
20 Covarrubias, Pedro	12	Dublin	37-06.00
21 Zimmerman, Jakob	10	Heritage	37-03.00
22 Osmani, Adam	12	Dublin	37-01.00
23 Mendoza, Cobi	12	Northgate	35-06.00

## Event 32 Boys Discus Throw Varsity

NCS TV: 186-00 R 2010 Zach Coniglio

142-02 NCS At-Large

Name	Yr	School	Finals
1 Zimmerman, Jakob	10	Heritage	141-01.00
2 Benedetti, Dante	12	Freedom	133-07.00
3 Quinn, Joseph	12	Pittsburg	132-04.00
4 Novello, Caden	11	Liberty	131-11.00
5 Martinez, Aaron	12	Freedom	129-10.00
6 Osmani, Adam	12	Dublin	128-03.00
7 Magann, Will	12	Granada	126-08.00
8 Matteucci, Stefano	11	Granada	120-11.00
9 Mitchell, Matteo	12	Clayton Vall	120-09.00
10 Nunez, Diego	11	California	118-07.00
11 Kopfelt-Watson, Cody	12	Clayton Vall	117-00.00
12 Sanchez, Dante	12	Freedom	116-10.00
13 Xavier, Thorpe	10	Livermore	116-05.00
14 Otsuka, Kyle	12	Acalanes (Nc)	113-02.00
15 Howe, Samuel	11	Foothill	111-11.00
16 Medina, Anthony	12	College Park	111-06.00
17 Morrow, Charlie	12	Foothill	111-01.00
18 Kerezi, Chase	12	Granada	110-10.00
19 Kruger, Jacob-Ryan	11	Liberty	108-00.00
20 Gomes, Kaleo	12	Granada	101-03.00
21 Caro, Joseph	11	Clayton Vall	94-09.00
22 AuYeung, Aidan	11	California	88-00.00

## Event 33 Girls 100 Meter Dash Unified Varsity

Name	Yr	School	Finals
1 Okwudiafor Johnson, Rachel	11	Dublin	J13.32 -0.1
1 Williams, Nyla	10	Dublin	J13.59 -0.1
2 Cordova, Cathy	10	Pittsburg	J14.44 -0.1
2 Moore, Nikyla	11	Pittsburg	J17.05 -0.1
3 Boyle, Chloe	10	Acalanes (Nc)	J14.77 -0.1
3 Dodge, Ainsley	9	Acalanes (Nc)	J20.20 -0.1
4 Sutherland, Charlotte	9	Acalanes (Nc)	J15.82 -0.1
4 DeCredico, Alyvia	9	Acalanes (Nc)	J26.11 -0.1

## Event 34 Boys 100 Meter Dash Unified Varsity

Name	Yr	School	Finals
1 Oliver, Tristan	12	Dublin	J11.57 -1.7
1 Moore, Adam	12	Dublin	J12.26 -1.7
2 Glidden, Kavin	11	Dublin	J11.75 -1.7
2 Thomas, Benjamin	11	Dublin	J12.43 -1.7
3 Kwan, Seth	11	Dublin	J11.73 -1.7
3 Nelson, Jayvin	10	Dublin	J13.33 -1.7
4 Appiah, Akwasi	12	Pittsburg	J11.83 -1.7
4 De Rosas, Miguel	12	Pittsburg	J13.78 -1.7
5 Washington, Dinari	12	Heritage	J11.93 1.5
5 Cervantes, Alejandro	10	Heritage	J13.96 1.5
6 Perez, Ethan	11	Dublin	J12.05 1.5

NCS/Les Schwab Tires Tri-Valley Area - 5/14/2022

Track and Field Championships

Freedom High School

Results

Finals ... (Event 34 Boys 100 Meter Dash Unified Varsity)

Name	Yr	School	Finals
6 Taneja, Avi	11	Dublin	J14.55 1.5
7 Nicolacakis, Victor	11	Acalanes (Nc)	J16.64 2.1
7 Mbeledogu, Agozium	12	Acalanes (Nc)	J16.72 2.1
8 Balmat, Michael	11	Acalanes (Nc)	J17.19 2.1
8 Krantzman, Drew	10	Acalanes (Nc)	J17.19 2.1
9 Lockwood, Marshall	12	Acalanes (Nc)	J16.97 2.1
9 Tinley, Kenny	11	Acalanes (Nc)	J19.11 2.1
10 Bailey, Jonah	12	Acalanes (Nc)	J19.00 -1.3
10 Robb, Zachary	11	Acalanes (Nc)	J19.01 -1.3
11 Clark, Miles	10	Acalanes (Nc)	J21.26 -1.3
11 Mcgadney, Marcus	10	Acalanes (Nc)	J21.43 -1.3
--- Gray, Xavier	12	Dublin	DQ 1.5

Event 35 Girls Long Jump Unified Varsity

Name	Yr	School	Finals
1 Moore, Nikyla	11	Pittsburg	J12-11.00 NWI
1 Ramirez, Brenda	10	Pittsburg	J8-06.25 NWI
2 Walton, Apollonia	11	Acalanes (Nc)	J12-05.50 NWI
2 DeCredico, Alyvia	9	Acalanes (Nc)	J6-10.75 NWI
3 Russo, Elena	9	Acalanes (Nc)	J9-08.00 NWI
3 Dodge, Ainsley	9	Acalanes (Nc)	J2-08.25 NWI

Event 36 Boys Long Jump Unified Varsity

Name	Yr	School	Finals
1 Moore, Adam	12	Dublin	J18-09.25 NWI
1 Perez, Ethan	11	Dublin	J15-09.00 NWI
2 Kwan, Seth	11	Dublin	J17-10.75 NWI
2 Nelson, Jayvin	10	Dublin	J16-01.50 NWI
3 Chiu, Preston	10	Dublin	J17-02.50 NWI
3 Thomas, Benjamin	11	Dublin	J15-11.25 NWI
4 Appiah, Akwasi	12	Pittsburg	J17-01.50 NWI
4 De Rosas, Miguel	12	Pittsburg	J14-04.00 NWI
5 Rubick, Anthony	12	Heritage	J15-05.25 NWI
5 Cervantes, Alejandro	10	Heritage	J14-03.50 NWI
6 Gray, Xavier	12	Dublin	J17-05.75 NWI
6 Taneja, Avi	11	Dublin	J9-08.00 NWI
7 Lockwood, Marshall	12	Acalanes (Nc)	J15-04.00 NWI
7 Tinley, Kenny	11	Acalanes (Nc)	J7-10.50 NWI
8 Nicolacakis, Victor	11	Acalanes (Nc)	J11-03.25 NWI
8 Mbeledogu, Agozium	12	Acalanes (Nc)	J5-06.25 NWI
9 Balmat, Michael	11	Acalanes (Nc)	J11-04.75 NWI
9 Krantzman, Drew	10	Acalanes (Nc)	J4-09.25 NWI
--- Dhesi, Jag	12	Dublin	DQ NWI

5) California (NC)	40
5) Pittsburg (NC)	40
7) Heritage (NC)	31
8) Monte Vista (NC)	28
8) Deer Valley (NC)	28
10) San Ramon Valley (NC)	16
11) Clayton Valley (NC)	15
12) Alhambra (NC)	13
13) Freedom (NC)	12
13) Dougherty Valley (NC)	12
15) College Park (NC)	9
15) Amador Valley (NC)	9
17) Carondelet (NC)	8
17) Antioch (NC)	8
19) Miramonte (NC)	7
20) Granada (NC)	6
20) Liberty (NC)	6
22) Livermore (NC)	1

Men - Varsity - Team Rankings - 18 Events Scored

1) Dublin (NC)	146
2) Pittsburg (NC)	70
3) Freedom (NC)	55
4) De La Salle (NC)	41
5) Monte Vista (NC)	30.5
6) Heritage (NC)	30
7) Acalanes (NC)	23
8) Dougherty Valley (NC)	22
9) Livermore (NC)	21
10) Campolindo (NC)	18
11) Clayton Valley (NC)	14
11) Amador Valley (NC)	14
13) San Ramon Valley (NC)	13
14) Antioch (NC)	12
15) College Park (NC)	10
16) Miramonte (NC)	9
17) Granada (NC)	8
17) Northgate (NC)	8
19) Benicia (NC)	5
20) Liberty (NC)	4
21) Foothill Pleasanton (NC)	3
22) Alhambra (NC)	1.5

Women - Varsity - Team Rankings - 18 Events Scored

1) Campolindo (NC)	105
2) Dublin (NC)	57
3) Acalanes (NC)	50
4) Foothill Pleasanton (NC)	47